

A decorative border of small pink flowers with green leaves surrounds the text.

## *Prayer for Grandparents and the Elderly*

I thank You, Lord for the comfort of Your presence;  
even in times of loneliness.  
You are my hope and my confidence,  
You have been my rock and my fortress since my  
youth!

I thank You for having given me a family and for  
having blessed me with a long life.  
I thank You for moments of joy and difficulty,  
for the dreams that have already come true in  
my life, and for those that are still ahead of me.

I thank You for this time of renewed fruitfulness  
to which You call me.  
Increase, O Lord, my faith,  
make me a channel of your peace,  
teach me to embrace those who suffer more than  
me, to never stop dreaming,  
and to tell of your wonders to new generations.

Protect and guide Pope Francis,  
and the Church,  
that the light of the Gospel might reach the ends of  
of the earth.

Send Your Spirit,  
O Lord, to renew the world,  
that the storm of the pandemic might be calmed,  
the poor consoled, and wars ended.

Sustain me in weakness  
and help me to live life to the full in each moment that You  
give me, in the certainty that you are with me every day,  
even until the end of the age.

Amen